

# What Is A Perinatal Safe Spot?

A place to connect moms, family members, community to each other & the baby

A judgment free zone that can be physical or virtual

Unique to individual communities, zip codes, Maternal Toxic Areas - breaking through the real barriers to quality care

An access point for practical resources

Giving mothers the real tools they need to have power & agency in their childbearing decisions

A place to gain knowledge for healthiest pregnancy, mom & baby

Physical, emotional and informational support so childbearing families have true options

